

WELSH HOUSE FARM COMMUNITY SCHOOL



“Inspired to grow and flourish”



Sports Premium (PE) Action Plan 2020-2021

The PE and Sports Grant allocation for 2020-2021 is based upon **178** eligible pupils. The purpose of the grant is to fund improvements to the provision of PE and Sport, for the benefit of primary-aged pupils, in the 2020-2021 academic year.

Grant offsets part of the cost incurred to provide high quality sports and PE provision

1	To build capacity and capability within the school that ensures sustainability for future years. To ensure the premium is used to maximum effect throughout all key stages.	<u>£17,808</u> Total Expenditure
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How to use the PE and Sport premium

Schools must use the funding to make additional and sustainable improvements to the quality of their physical education (PE), physical activity and sport.

This means that you should use the premium to:

- Develop or add to the PE, physical activity and sport that your school provides
- Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

Schools should use the premium to secure improvements in the following 5 key indicators.

1. **Engagement of all pupils in regular physical activity**, for example by:
 - a. Providing targeted activities or support to involve and encourage the least active children
 - b. Encouraging active play during break times and lunchtimes
 - c. Establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
 - d. Adopting an active mile initiative
 - e. Raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim
2. **Profile of PE and Sport is raised across the school as a tool for whole-school improvement**, for example by:
 - a. Encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as ‘sport leader’ or peer-mentoring schemes)

- b. Embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching
3. **Increased confidence, knowledge and skills of all staff in teaching PE and Sport**, for example by:
- a. Providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
 - b. Hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities
4. **Broader experience of a range of sports and activities offered to all pupils**, for example by:
- a. Introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
 - b. Partnering with other schools to run sport activities and clubs
 - c. Providing more (or broadening the variety of) extra-curricular activities after school in the 3pm to 6pm window, delivered by the school or other local sport organisations
5. **Increased participation in competitive sport**, for example by:
- a. Increasing pupils' participation in the [School Games](#).
 - b. Organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.

Impact Log - Working Document from September 2020

Sports Premium Action plan - 2020-2021

5 KEY INDICATORS	Actions So Far...	Impact So Far: November Review
Engagement of all pupils in regular physical activity	1. All pupils from Nursery to Year 6 including our Resource Base receive a PE lesson every week from the PE lead.	An improvement in confidence and knowledge shown from a range of pupils across the year groups within PE lessons has been shown across a range of sporting areas. This is visible to see when children are competing at lunchtimes and break times, as well as against other schools in competitions. Having a consistent PE Lead delivering PE has enabled Children to maintain and absorb information, which they are relaying in all area of PE and Sport from year to year. This is creating a positive sporting atmosphere within school from EYFS to KS2.

	<p>2. Targeted timetabled lessons in place for less active children to support and encourage. Targeted lessons in place for children who have low confidence in PE.</p>	<p>Data from the report log highlighted particular students who were not part of an afterschool club, and did not join in with break and lunchtime activities. Targeted timetabled lessons have put in place throughout the week to help and support these students, and to encourage them to experience playing sport in smaller groups. These sessions have been broken up into active and discussion sessions, where we discuss the barriers they see in sport and how together we can break them down and enable them to enjoy PE and Sport. Activities such as rock climbing trips and new lunchtime and afterschool sport clubs have been put in place, as decided using feedback and ideas suggested by the students. Since the start of the year, many of these students are now part of a lunchtime and afterschool club. Separate timetabled activities have been scheduled for students in EYFS, KS1 and KS2 with low confidence when playing sport.</p>
	<p>3. Tackling the health programme, and increasing knowledge around healthy food and embedding a healthy lifestyle</p>	<p>A healthy eating programme has been set up throughout the school to help advise parents and children on nutrition, healthy meals and healthy lifestyles. Awareness assemblies are due to commence with parents and children in the coming months to share awareness on healthy eating habits. Each year group has undertaken a lesson on healthy eating, enabling student to create a focus group which all within upper KS2 will create an 'eat well plate', and the</p>

	<p>4. There is a calendar of active sport sessions every break time and lunchtime, with an active league table between the classes.</p>	<p>importance of a balanced diet coupled with regular activity and healthy lifestyle choices.</p> <p>Active sport sessions are available at both break time and lunchtimes, and cover a range of different sport. Mr Jones and the Sport Leaders deliver this programme to every year group. The Welsh Cup is running within the bubbles, maintaining safe practice and distance in all games. A new addition to playtimes is a table tennis table; this has provided a new competition for the students to participate in, including fixtures and a league table. A variety of new equipment has been purchased for both KS1 and KS2, ensuring there is always a variety of games to keep students active. Sport Leaders will also be attending virtual play leader training sessions delivered by Steve Groves. Part of the Sports Premium will be spent on maintaining the play equipment so all year groups have exciting, active playtimes.</p>
	<p>5. Extended variety of afterschool clubs offered, including morning sessions.</p>	<p>Due to the circumstances surrounding Covid-19, we ensured that afterschool clubs were able to continue in a different way. We ensured that each bubble throughout the school received an afterschool club. New to this school year was a wider introduction of lunchtime clubs, and this also ensured that each bubble had the opportunity to participate in a lunchtime club.</p>

	<p>Going forward into the Spring term, a morning gymnastics session in collaboration with Positive PE will be provided for KS1 and KS2. Following on from the success of broadening the range of sports we offered last year, we are maintaining the range year whilst also including a Tables Tennis club, Kurling and Boccia club to ensure our afterschool clubs are inclusive for everyone.</p>
6.	<p>Inclusion of the Daily Mile within the school day for every year group from Nursery to Year 6, including Resource Base.</p> <p>Every year group takes part in the Daily Mile every week; the children really enjoy completing the mile. There is a log set up in every class, which year groups can access and share how many times they complete the Daily Mile every week. Our Resource Base have really enjoyed taking on the Daily Mile, and have completed it every day. Students have been choosing different ways they can complete the mile. This activity has shown to give students a more active start to their lessons and a more focused approach. The school was chosen by Sport Birmingham to be involved within a promotional video for the Daily Mile, displaying how brilliant we are completing it, and inspiring other schools all over Birmingham to participate.</p>
7.	<p>Attainment being raised in swimming to align with the national standards.</p> <p>A new swimming curriculum has been produced alongside swimming lessons plans for Year 2 to Year 6 including Resource</p>

		<p>Base, and specific to each year group. These changes will help to raise the attainment in swimming to align with the national standards within 3 years, as specified in last year's target. CPD will be provided for all staff to cover swimming, and teachers that take classes swimming will be offered a swimming teacher training course.</p>
Profile of PE and Sport is raised across the school as a tool for whole-school improvement	<p>1. The Welsh House Farm Sports Crew are present in KS1 and KS2, with Students taking on leadership roles. Welsh House Farm Sport Crew meetings will happen each half term to discuss the current lunchtime and break time activities.</p> <p>2. KS2 students volunteer at break and lunchtimes to help lead play in Reception and Nursery. KS2 students volunteer in afterschool KS1 clubs.</p>	<p>We had a record 56 applicants from Years 4 and 5 and 25 applications from Year 2 who applied this year to be a Welsh House Crew member. 32 students have been chosen from KS2 and 15 chosen for KS1.</p> <p>During the Covid-19 restriction period, the Sport Crew have had to work differently, and have adapted brilliantly. In KS2, they have been officiating and running games in small groups. In KS1, they have been creating games for everyone to join in with, ensuring that every children are having a fun active lunchtime. Steve Groves, a sport leader specialist, will be coming in to deliver a session for the Sport Leaders. The Sport Crew meetings enable children to share their voice on school sport and discuss improvements on playtimes. Two meetings have been held this school year.</p> <p>10 KS2 students will be volunteering in EYFS lunchtimes to lead safe and active play sessions from the Spring term once it is safe to do so. These students will work with EYFS dinner staff to create and play games. In KS1 clubs in the Spring and Summer, students in Year 6 will be</p>

		<p>volunteering to help and lead within clubs. The programme promotes a leadership role, which the Year 6 students really enjoy.</p>
	<p>3. Active lessons, ensuring a target 80% of the lesson is active.</p>	<p>Due to the inactivity of student's not attending school during lockdown, a real necessity this year has been placed on ensuring that in all lessons students are active for the most amount of time as possible. The students now arrive into school in their PE kit so this ensures all the lesson time is spent learning. The impact so far has been clear to see, with all students visible looking healthier. We aim that during each lesson students are only inactive when listening to instructions.</p>
	<p>4. Active travel endorsed throughout whole school. Travel to school scheme embedded into the school day. Bike shelter built for active bike and school travel.</p>	<p>Active travel has been encouraged through a range of different ways this year in school. We have signed up to living streets a walking to school tracker, which encourages more students to walk to school including staff. We have conducted a survey and already had a walk to school week to promote this throughout the school. We have started the process of applying for a park and stride location around the school to ease the traffic and encourage active travel. We are in the process of applying for an active travel grant to purchase 2 bikes for each group, which will provide children who do not own a bike with the chance to experience this. 5 balance bikes will be added to the request for EYFS. A bike shelter is being built at school to allow students to ride bikes and scooters to school. All students in KS1 and KS2 will take part in Balance Ability and Bike Ability in the Summer term.</p>

	<p>5. Fitness classes will be provided for the wider community, including parent's fitness classes.</p> <p>6. Embed successful active learning approaches in other subjects.</p>	<p>In the Summer term, we have planned to hold parents fitness classes, both during school time and afterschool. The classes will be run by Mr Jones, and will cater for every ability. There will be two separate classes, one just for parents, and one where children can join in with their parents. This is to ensure that sport and fitness is enjoyed by all the family, and allows the community access to free health and fitness. Mr Jones will be giving out handouts, recipes and guidance on healthy eating during these sessions.</p> <p>Throughout the school, we will be embedding movement into classroom lessons through active learning lessons such as Active maths and Active phonics.</p>
Increased confidence, knowledge and skills of all staff in teaching PE and sport	<p>1. Providing staff with professional developments, training and resources for PE. CPD provided to areas of improvement signalled by staff through questionnaires.</p>	<p>Staff have been provided with individual year group lesson plans in all areas of PE, including swimming. Staff have received a virtual CPD session with Steve Groves, a Sport Leader Specialist who provided the staff with CPD in Non-equipment games part 1 and 2. Staff have filled in a questionnaires and CPD through the year, and training will be aligned to meet their answers. Dance virtual CPD will be delivered by ACE dance in the Spring term to all staff. Swimming CPD that was postponed last year will be rearranged for this year for the staff which take students swimming. CPD will be provided to help address staff motivation and relationship with PE. Virtual Yoga CPD will be provided for staff for their well-being and to teach the students outside of PE lessons.</p>

	<p>2. Applied for the PE Quality Mark award.</p> <p>3. Increase staff confidence in delivering extracurricular clubs.</p> <p>4. Ensuring dinner support staff have up-to-date training and resources available to deliver an active lunchtime.</p>	<p>The quality award was applied for last year but unfortunately, due to Covid-19 the process was stopped. This process will start again this year, with the view of gaining the award by the end of 2021.</p> <p>The PE Lead will work with staff to provide resources to encourage them to display their talent in their chosen sport or topic area. They will deliver either a morning, lunchtime or afterschool club for a select amount of children.</p> <p>Dinner staff have already received resources provided by Steve Groves around non-equipment games; this was provided by a handout and training from the PE Lead. Throughout the year, staff will be asked to fill out questionnaires detailing the areas they would like training on, both in KS1 and KS2.</p>
Broader experience of a range of sports and activities offered to all pupils	<p>1. Introduce new sports and physical activities to encourage more pupils.</p> <p>2. Purchase new sporting equipment required to meet the government guidance</p>	<p>Each year in PE lessons, we aim to broaden the range of activities each student can access. This year we have spent Sport Premium on providing equipment for 5 new sports. These are Boccia, Kurling, Goal ball, Tri-golf and Table Tennis. These are inclusive sports, which can be enjoyed by all. These sports have been highlighted to encourage a greater number of children to be involved with PE and Sport. Yoga will be added to the curriculum once per term to aid the wellbeing of children.</p> <p>Increase the amount of equipment to enable safe PE lessons to run, as well as safe break times. Each bubble and classes has specific</p>

	<p>regarding bubbles and the sharing of equipment.</p> <p>3. Introduction of OAA trip for KS2 students.</p> <p>4. Partner with other schools to run activities and clubs</p> <p>5. Providing a broader range of afterschool clubs.</p>	<p>equipment to play with and keep clean. This term, we purchased a table tennis table, which can be used at playtimes, which each bubble having their own bats and balls. There were also extra mats purchased for gymnastics so there are two people to a mat to keep safe distance.</p> <p>In the Summer term, there will be an organised trip to Outdoor Adventure Activities Centre to promote team building and social skills. This will involve children from KS2.</p> <p>We aim to relaunch the Harborne Netball league from the Summer term; this was due to go ahead last year but was stopped due to Covid-19. There will be two leagues, one league will be a competitive league, and one will be friendly league. The friendly league will be based around encouraging less active children and children who have low confidence in sport.</p> <p>This year we have created a link with a neighbouring golf club, who have provided an afterschool programme for Year 5 and 6 students. Staff will deliver a range more sport clubs across the year. In the Spring term, a morning gymnastics club will be delivered by an outside agency. In the Summer term, tennis will be added to the new club list.</p>
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Increased participation in competitive sport	<p>1. Increased participation in virtual school games to maintain commitment to attending all school games in person.</p> <p>2. Organise and entering more competitions within the local area and local organisations.</p> <p>3. Increase additional challenges for the G&T students both internally and externally.</p>	<p>Ensure that all children are accessing all school games virtually, provided by Birmingham SGOs both at school, in lessons and when they are at home. Each student has received a login to access the platform at home and parents has received a guide of how to complete the games and attach scores. When the guidance allows competitive sport to restart, we will ensure that all students attend every available school games competition.</p> <p>Attend future events, which are held locally under the correct restriction measures throughout Birmingham. To play intra-fixtures between year groups at sporting venues to allow the children to experience playing in competitive fixtures. We have currently joined a Boccia Virtual tournament.</p> <p>Ensure the pathways for gifted and talented students are always available. To ensure there are challenges both in school and out, and guarantee that there are club-links in place to link the student with addition opportunities.</p>
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